

Plants You Might See on a South Coast

Sandy or Shingle Beach with Sandstone Cliffs

The coast is windy, salty and sunny. Only tough plants that can cope with these conditions can survive here. Many flowers are low to the ground to avoid the strong wind.

SEA CAMPION
(*Silene uniflora*)



Pale pink flowers shaped like little balloons. Grows in sandy or pebbly places.

SEA KALE
(*Crambe maritima*)



Thick, wavy leaves and white flowers. Very tough and loving the sea air.

THRIFT / SEA PINK
(*Armeria maritima*)



Bright pink flowers in spring and early summer. Forms neat clumps.

YARROW
(*Achillea millefolium*)



Small white flowers in flat clusters. Leaves are feathery and smell strong.

YELLOW HORNED POPPY
(*Glaucium flavum*)



Bright yellow flowers with silvery leaves. The sap is yellow.

SEA ROCKET
(*Cakile maritima*)



Purple or white flowers. Leaves are fleshy and thick. Grows near the tide line.

SEA SPURRY
(*Spergularia marina*)



Tiny star-like flowers. Low growing and liking sandy ground.

MARRAM GRASS
(*Ammophila arenaria*)



Long, tough grass with deep roots. Helps hold the sand together.



These plants are special and some are protected. Please look but don't pick and help keep our beaches beautiful!